



luminova.app



For 7-12 year olds



# Digital Therapeutic Support for children with anxiety - in a game!

- ★ Instant access through a mobile app
- ★ Based on highly effective Cognitive Behavioural Therapy
- ★ Helps breakdown fears and worries into manageable steps
- ★ Development funded by the NHS, CE marked medical device (MHRA)



*Playing Lumi Nova helps children face their fears, build confidence & resilience*

Get Access

